## TRIPLE P PARENTING COURSE

Take the guesswork out of parenting, sign up for a FREE 5-week parenting course!

Thursday Oct. 5th, 12th, 26th, and Nov. 2nd and 9th, 2023

() 5:30PM-7:30PM

S Watertown Public Library

The Triple P - Positive Parenting Program's simple, practical strategies have been proven to work around the world. For parents of children ages 4-12. Parents attending all sessions and consultations will receive a certificate of completion.

- Triple P makes positive, effective parenting a habit!
- Learn the causes of the behavior problems.
- Calmly and assertively address negative behaviors.
- Track improvements and parenting goals
- Get individualized parent coaching.
- Take care of yourself as a parent.



Limited

Child Care

Provided!

For more information contact:

linden@watertownfamilyconnections.com





