Limited Child Care Provided!

# GROUP PARENTING WORKSHOPS

Little kids can have BIG emotions. And that can mean tantrums, bedtime battles, aggressive behavior. And big kids can present new challenges. Parents and caregivers need positive solutions that really work, for all kinds of situations.

All Classes are held at Watertown Public Library in Community Room.

Scan QR Codes to Register.

# Separation Problems



September 28th at 6pm

All children have to learn to cope with temporary separations from their parents.

Learning to be apart can be difficult for parents and children. Together we can make the transition easier.

### **Bedtime Problems**



November 16th at 6pm

Children need a good night's sleep so they can have enough energy for the next day's activities. The goal is for children to develop healthy, independent sleep patterns.

## Fighting and Aggression



December 7th at 6pm

This group covers the skills that children need to be able to cooperate and get along with others. Parents learn how to teach skills such as sharing, communicating, and being gentle.

#### **Registration Required!**

Call/Text: 262-674-6998 or SCAN the QR Code for the desired workshop. 100 S Water St, Watertown, WI 53094





