# Watertown Family Connections

# Triple P
# PARENTING WORKSHOP

## Developing Healthy Screen Time Routines

## JANUARY 11TH, 2024
## 6-8PM (VIRTUAL)

Children can benefit from age-appropriate technology. Watching TV or playing on the computer can be fun, entertaining, and a good way to relax.

But if children spend too much time in front of a screen they will miss out on other important activities. Things like playing outdoors, talking to friends, and reading are vital for kids.

So how can you strike the right balance in your house?

**Scan to**



**Register**

**Registration Required!**
Call/Text: 262-674-6998 or SCAN the QR Code.

"This material and/or activity is not sponsored or endorsed by the WUSD or its personnel"

**Triple P**
Positive Parenting Program

**CHILD ABUSE & NEGLECT**
**Prevention Board**